



**Harrisburg Township
Park District
Newsletter
September 2026**



WELCOME

Welcome to the September 2026 edition of the Harrisburg Township Park District Newsletter. Our team has been working hard on upcoming events and activities.

From our recreation to community events, we hope you'll find something that piques your interest and encourages you to get outside and enjoy all that our parks have to offer.

2026 Fall Recreation Sports

HTPD Flag Football & SYSA Soccer programs both begin their seasons this month. Soccer games begin the first week of September and Flag Football games start September 19. The Harrisburg Park Bill Rice Memorial Soccer Complex will be busy most nights this month please be cautious of all the kids while you are there.



National Read a Book Day

September 6th is National Read a Book Day!

In recognition, celebrate with us by checking out our StoryWalk at Paul Emery Park, or the Free Little Library at the Bill Rice Memorial Soccer Complex!



SHELTERS

There are many shelters available to rent throughout the park. Reservations are \$30.00 for a full day. Sizing of each shelter varies from 20-80 person capacity, and many of the shelters offer electricity, a grill, drinking fountains, and nearby playgrounds.

Reserve a shelter for your gathering today!



September 4 – National Wildlife Day
September 7 – Labor Day (Office Closed)
September 18 – Public Hearing FY2027 Budget – 8:00 AM
September 18 – HTPD Board Meeting – to Follow Public Hearing
September 19 – Flag Football Games Begin

Let's Walk for Wellness



Partnering with U of I Extension

Harrisburg Township Park District is excited to announce a new partnership with the University of Illinois Extension to offer future Health and Wellness opportunities. The University of Illinois Extension Health and Wellness program offers research-based education, local workshops, and online resources across Illinois to help residents build healthy habits, manage chronic conditions, and improve daily wellbeing.

The first program offering to be provided will be "Let's Walk for Wellness" held at the Harrisburg Township Park District walking path. The program will run for six weeks and meet twice per week. The start date of the program is anticipated to be September 22. This is a free program. This program is designed to reduce sedentary habits and promote daily movement.

To register for the program please contact the Saline County Extension Office at 618-252-8391. Also, visit the U of I Extension website and see the attached flyer for additional information.

U of I Extension Additional Information:

<https://extension.illinois.edu/global/health-and-community-wellness-impact>

<https://extension.illinois.edu/ghhpsw>



Let's Walk FOR WELLNESS



Walking is one of the most accessible and effective ways to improve overall health. **Let's Walk for Wellness!** is a program that will help you connect with others, build confidence, and take meaningful steps towards better health.

What you will gain:

- Engage in guided walking workouts tailored to your fitness and ability level.
- Build confidence in staying active.
- Strengthen social connections and community engagement.
- Reduce sedentary habits and promote daily movement.
- Learn how walking supports physical, mental, and social well-being.

Let's Walk for Wellness!
welcomes individuals of all ages
and fitness levels.

Take the first step.

Location

Date

Time

If you are interested in
receiving more information,
please contact:



Illinois Extension

UNIVERSITY OF ILLINOIS URBANA-CHAMPAIGN

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